

Mental Health In Primary Care

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Integrating Behavioral Health and Primary Care Robert E. Feinstein 2017 Integrated care incorporates behavioral and physical health services into primary care and specialty medical environments. Integrated care models are patient-centered; delivered by teams of medical professionals, utilize care coordination, and a population-based approach. This book is practical, office-based, and comfortably accessible to students, residents, faculty, and all mental health professionals, primary care and medical specialists. We examine and recommend applying collaborative care and other existing models of integrated care based on existing literature. When there is no literature supporting a specific approach, our experts offer their ideas and take an aspirational approach about how to manage and treat specific behavioral disorder or problems We assume the use of integrated team staffing including a primary care or specialist provider(s), front desk staff, medical assistant(s), nurse(s), nurse practitioners, behavioral health specialist(s), health coaches, consulting psychiatrist, and care coordinator(s)/manager(s).

The Prevention of Mental Illness in Primary Care Tony Kendrick 1996-05-30 With increasing international emphasis on care in the community and pressure on resources, the prevention of mental illness within primary care is becoming an important consideration. Up to a third of patients presenting to primary care services are suffering from psychological problems and the large majority are dealt with by the primary health care team. Within this volume, experts from a wide range of mental health care disciplines discuss issues ranging from primary prevention with identification of risk through to early identification of problem symptoms and the effective management of long-term mental illness. With full reference to the current state of research, emphasis has been given to practical measures that can be readily utilised in the primary care setting. This handbook will serve as an invaluable resource for all those with interests in the protection and conservation of mental health. This book was highly commended in the Primary Care category of the British Medical Association Book Award.

Psychiatry Algorithms for Primary Care Gautam Gulati 2021-01-26 Psychiatry Algorithms for Primary Care is a practical, quick reference guide to psychiatric assessment and mental healthcare in general practice. Providing algorithms informed by evidence-based guidelines, this easy-to-use resource helps busy medical and healthcare professionals quickly assess mental health problems, make informed treatment decisions, and understand when referrals to specialist mental health services are appropriate. Drawing from their extensive experience in general practice and psychiatry, the authors provide clear and authoritative guidance on a wide range of common psychiatric disorders, complex scenarios, and special considerations. Unique visual management algorithms define assessment, diagnosis, investigations and management for each condition, including Bipolar Affective Disorder, Psychosis, Depression, Dementia, and Attention Deficit Hyperactivity Disorder. Up-to-date information on medication choices and counselling strategies is found throughout the text. Designed for informing swift clinical decisions in demanding primary care settings, this indispensable reference guide: Conforms to the diagnostic criteria in the current edition of the World Health Organization's International Classification of Diseases Contains algorithms informed by the Royal College of General Practitioners (RCGP), Royal College of Psychiatrists (RCPsych), and the National Institute for Health and Care Excellence (NICE) guidelines Explores common complaints that can suggest psychological or psychiatric disorders, such as insomnia and fatigue Outlines special mental health considerations related to children, intellectual disability, autism, the elderly, and pregnancy Includes appendices covering commonly prescribed drugs and physical examinations for patients with severe mental illness Features numerous self-assessment questions and links to online reference tools for General Practitioners Psychiatry Algorithms for Primary Care is a much-needed resource for medical students and trainees, physicians and healthcare professionals in general practice, nurse practitioners, and practitioners in other fields such as urgent care and emergency medicine.

Reimbursement of Mental Health Services in Primary Care Settings U.S. Department of Health and Human Services 2019-11-23 Implementing these practical and largely achievable suggestions will improve access to timely and targeted mental health services in primary care settings. Program and clinical experts agree that the early prevention and treatment of mental disorders will result in decreases in individual suffering, family burden, and medical costs. This project provided an important opportunity to review policy and service-delivery change mechanisms aimed at improving the reimbursement of mental health services in primary care settings. By using knowledge from a variety of individuals and settings and combining empirical research with qualitative interviews and the Expert Forum proceedings, this project identified areas where Federal agencies, states, provider organizations, and commissioner associations can clarify, collaborate, educate, and provide support to improve the reimbursement of and access to mental health services in primary care settings.

Primary Care Mental Health in Older People Carlos Augusto de Mendonça Lima 2019-08-07 This book is a practical resource that will support the delivery of holistic mental health interventions in the primary and community care setting for older people. Primary care delivery is discussed in relation to both functional mental health problems, such as anxiety, depression, and psychotic and personality disorders, and acquired organic mental disorders of old age, such as dementia, cognitive impairments, and delirium. Careful consideration is paid to the complex relationship between mental and somatic health problems, as well as the impacts of multimorbidity and polypharmacy. Further topics include, for example, epidemiology, wider determinants of health, different care models, history taking, neurocognitive and capacity assessment, and pharmacological, psychological, and physical interventions. The wider goals of the book are to support the development of community resilience and self-care in older people; to promote universal access and equity for older people in order to enable them to achieve or recover the highest attainable standard of health, regardless of age, gender, or social position; and to promote pathways to care for older people with mental health problems respecting their autonomy, independence, human rights, and the importance of the life-course approach. This book will be an invaluable resource for all professionals who work with older adults with mental health problems and those training in these fields including physicians, psychiatrists, family doctors, geriatricians, general practitioners, nurses, psychologists, neurologists, occupational therapists, social workers, support workers and community health and social care workers.

Primary Care Mental Health Linda Gask 2018-09-20 A comprehensive guide to this emerging field, fully updated to cover clinical, policy, and practical issues with a user-centred approach.

Essentials of Psychiatry in Primary Care: Behavioral Health in the Medical Setting Robert C Smith 2019-06-05 An innovative psychiatry textbook that presents behavioral disorders from the perspective of what is seen in medical settings The goal of Essentials of Psychiatry in Primary Care is not to make psychiatrists out of medical clinicians, but rather, to help clinicians manage common behavioral conditions that most often present in a medical setting. Essentials of Psychiatry in Primary Care seeks to integrate medicine and psychiatry --- as the authors' systems-based biopsychosocial model proposes. The book identifies physical symptoms as a common mode of presentation of mental health problems and describes how to integrate them with psychological symptoms to make diagnoses of mental disorders. Essentials of Psychiatry in Primary Care also details a behaviorally defined, evidence-based mental healthcare model that can be effectively used in a medical setting. The combined experiences in primary care of the authors --- who specialize in both general internal medicine and psychiatry --- provide the perfect background for a book of this nature. Having trained medical students, as well as internal and family medicine residents since 1986, their experience and

research demonstrates the information they outline is effective and associated with improved mental and physical health outcomes.

Pediatric Mental Health for Primary Care Providers Sarah Y. Vinson 2018-09-12 The purpose of this book is to provide a children's mental health resource tailored to the needs of physicians working with children. There are currently no such texts, despite the fact that there are patient care, healthcare systems, and workforce factors that indicate a strong need for such a resource. Approximately 1 in 5 children are diagnosed with a mental illness by the age of 18. Additionally, mental health conditions, including Attention Deficit Hyperactivity Disorder, are consistently among the most common chronic conditions in pediatric clinical populations. Delays in both diagnosis and treatment increase the morbidity associated with these conditions. These delays expose the child to negative ramifications of his/her illness and can impact rates of poor academic performance, substance use disorders and criminal justice system involvement - potentially impacting long-term life trajectories. Early identification of mental illness and appropriate intervention is critical to the healthy development of youth, though physicians in primary care and pediatrics are seldom trained to detect and treat such illnesses. The importance of recognizing mental illness is reflected in practice guidelines for pediatric primary care providers as well as in how service delivery is being structured, but this does not offer in-depth clinical guidelines. Additionally, integrated care and medical home models include mental health as key components, though yet again physicians are often not trained to work with these models. While clearly indicated clinically, these requirements do not come with significant increases in reimbursement and are added to an already demanding schedule. Increasingly, providers are also expected to use evidence based screening instruments without exposure to this body of literature. Some guidance on using those instruments in context will help them to use those tools more effectively. Finally, primary care providers and even some adult psychiatrists and psychologists are operating in a healthcare system with a severe, nationwide shortage of child and adolescent psychiatrists and mental healthcare providers. While a text certainly cannot single-handedly compensate for such a workforce shortage, it could potentially help to mitigate the negative impact on patients by facilitating early identification and treatment in the primary care setting. Additionally, with more effective treatment in pediatric settings, less complex cases may be addressed before specialty care is needed, and the expertise of child and adolescent psychiatrists can be more effectively used for more complex cases. Pediatric Psychiatry in Primary Care is the ultimate resource for clinicians working with children, including pediatricians, family physicians, general psychiatrists, psychologists, early career child psychiatrists, social workers, nurses, school counselors, and all clinical professionals who may encounter children struggling with psychiatric disorders.

Child Mental Health in Primary Care Quentin Spender 2001 This text helps general practitioners, health visitors and other professionals working in primary care to assess, manage and refer children and adolescents with mental health problems. It supports service provision in the new primary care environment.

The Behavioral Health Specialist in Primary Care Dr. Mary Ann Burg, PhD, MSW, LCSW 2015-09-10 Patients with chronic conditions often need psychosocial support and brief counseling to help them make the lifestyle and behavioral changes required to prevent disease complications. This innovative text, with contributions from respected clinicians and researchers in all arenas of behavioral health, provides comprehensive training for all health professionals including those in medicine, nursing, social work, mental health, and clinical and health psychology who desire targeted evidence-based training in Behavioral Health skills . Rich case examples drawn from typical patient presentations demonstrate the relationship between physical and psychological health and the complexity of behavior change in chronic illness. This text is a timely, relevant and practical resource for all members of the primary care team. It prepares team members to work in the model of patient-centered integrated care in accordance with the recommendations of the Affordable Health Care Act (ACA) and the National Committee for Quality Assurance (NCQA) medical home standards for identifying patient needs and providing coordinated and comprehensive patient care. It focuses on knowledge and skills needed for working with the most common chronic conditions such as diabetes, obesity, chronic pain, cardiovascular conditions, sleep disorders, geriatric conditions, cancer-related conditions, and substance abuse. It includes chapters on epidemiological trends in chronic illness and systems medicine. Theories of health behavior and behavior change and evidence-based interventions provide a foundation for skill development, followed by detailed coverage of the requirements for behavioral management of specific chronic conditions. Sample referrals and consultation notes provide concrete examples of how the behavioral health specialist might respond to a referral. . Key Features: Provides comprehensive graduate-level training for the role of Behavioral Health Specialist Describes the health promotion and counseling skills needed to function as part of an integrated health team Focuses on proficiencies needed for working with common chronic conditions Addresses the psychosocial components of primary care disorders Includes case examples demonstrating the relationship between physical and psychological health and the complexity of behavior change in chronic illness

Mental Health Issues in Primary Care Elizabeth Armstrong 1995-05-03 Examines the main mental health problems encountered by doctors and community nurses in general practice, health centres and other primary care settings. The book also addresses the changes in focus of mental health care from institutions to the community.

State Variability in Supply of Office-based Primary Care Providers, United States, 2012 Esther Hing 2014

Mental Health in Primary Care Andrew Elder 2002-09-19 Mental health commissioning and practice is being viewed as part of primary care. This book brings together papers concerning contemporary psychiatry, all with an understanding of realities, challenges and opportunities of general practice.

Women's Mental Health Joan C. Urbancic 2009 Written for advanced practice registered nurses, certified nurse midwives, physician assistants, and other primary care providers, this book is the first comprehensive reference on women's mental health in primary care settings. The book provides all the information needed on psychosocial assessment, evaluation of mental health, and treatment of mental health problems. Coverage includes assessment and screening tools, comparison tables of psychotropic drugs, resource materials for professionals and patients, and listings of relevant Websites for practitioners and patients.

Addressing Mental Health Concerns in Primary Care American Academy of Pediatrics 2010-01-14 Addressing Mental Health Concerns in Primary Care: A Clinician's Toolkit is a resource designed to help primary care clinicians in implementing algorithms to help guidance in enhancing mental health care. Addressing Mental Health Concerns in Primary Care brings together a myriad of ready-to-use resources and tools on one instant-access CD-ROM. Look here for screening and assessment instruments...quick-reference care management advice...step-by-step care plans...time-saving documentation and referral tools...coding aids...billing and payment tips...parent handouts...community resource guides...and much more. Algorithm-based guidance, indexed to CPT codes, outlines a process for care and billing. Succinct clinical tools provide step-by-step decision support for assessment and care of children with the most common mental health symptoms: anxiety, depression, disruptive behavior and aggression, inattention and impulsivity, substance use, learning difficulties, and social-emotional problems in young children. Tools and resources can be printed and distributed as needed. Many will be continuously refreshed through Web-based updates. This toolkit is intended to enhance the quality of mental health care children and adolescents receive, whether in the medical home itself or through the medical home.

Behavioral Consultation and Primary Care Patricia Robinson 2007-03-12 The Primary Care Behavioral Health (PCBH) model is emerging as the future of integration between mental health and primary care services. The first book to detail the

model, Behavioral Consultation and Primary Care explains in hands-on terms how to achieve truly integrated care. From starting up a new PCBH service to evaluating its outcome, clinicians and medical administrators alike will value in this up-to-the-minute resource.

Integrated Care Anna Ratzliff 2016-02-08 An integrated, collaborative model for more comprehensive patient care Creating Effective Mental and Primary Health Care Teams provides the practical information, skills, and clinical approaches needed to implement an integrated collaborative care program and support the members of the care team as they learn this new, evidence-based, legislatively mandated care delivery system. Unique in presenting information specifically designed to be used in an integrated, collaborative care workflow, this book provides specific guidance for each member of the team. Care managers, consulting psychiatrists, primary care providers, and administrators alike can finally get on the same page in regard to patient care by referring to the same resource and employing a common framework. Written by recognized experts with broad research, clinical, implementation, and training experience, this book provides a complete solution to the problem of fragmented care. Escalating costs and federal legislation expanding access to healthcare are forcing the industry to transition to a new model of health care delivery. This book provides guidance on navigating the changes as a team to provide the best possible patient care. Integrate physical and behavioral care Use evidence-based treatments for both Exploit leading-edge technology for patient management Support each member of the collaborative care team Strong evidence has demonstrated the efficacy of a collaborative care approach for delivering mental health care to patients in a primary care setting. The field is rapidly growing, but few resources are available and working models are limited. This book provides a roadmap for transitioning from traditional methods of health care to the new integrated model. Providers ready to move to the next level of care will find Creating Effective Mental and Primary Health Care Teams an invaluable resource.

Caring for People with Mental Health and Substance Use Disorders in Primary Care Settings National Academies of Sciences, Engineering, and Medicine 2021-01-30 Behavioral health conditions, which include mental health and substance use disorders, affect approximately 20 percent of Americans. Of those with a substance use disorder, approximately 60 percent also have a mental health disorder. As many as 80 percent of patients with behavioral health conditions seek treatment in emergency rooms and primary care clinics, and between 60 and 70 percent of them are discharged without receiving behavioral health care services. More than two-thirds of primary care providers report that they are unable to connect patients with behavioral health providers because of a shortage of mental health providers and health insurance barriers. Part of the explanation for the lack of access to care lies in a historical legacy of discrimination and stigma that makes people reluctant to seek help and also led to segregated and inhumane services for those facing mental health and substance use disorders. In an effort to understanding the challenges and opportunities of providing essential components of care for people with mental health and substance use disorders in primary care settings, the National Academies of Sciences, Engineering, and Medicine's Forum on Mental Health and Substance Use Disorders convened three webinars held on June 3, July 29, and August 26, 2020. The webinars addressed efforts to define essential components of care for people with mental health and substance use disorders in the primary care setting for depression, alcohol use disorders, and opioid use disorders; opportunities to build the health care workforce and delivery models that incorporate those essential components of care; and financial incentives and payment structures to support the implementation of those care models, including value-based payment strategies and practice-level incentives. This publication summarizes the presentations and discussion of the webinars.

Mental Health Care of Children and Adolescents Jane Meschan Foy 2018-06 This indispensable resource provides vital guidance for integrating mental health care into your primary care practice. Learn from leading experts the latest information on enhancements to the medical home and on the care of children and adolescents with mental health symptoms that do not rise to the threshold for a diagnosis, as well as those that do. Topics covered include: Assessing and monitoring children's mental health in primary care Triage for psychiatric emergencies Techniques for engaging patients and families resistant to mental health care or behavior change Care of children with common mental health signs and symptoms Use of psychotropic medications in primary care Assessment and care of children with unexplained medical symptoms Addressing non-adherence to medical treatment

Mental Health for Primary Care Mark Morris 2018-04-19 'This book gives a 'bottom-up', practical overview of mental health. I have distilled psychological, biological and sociological background material and siphoned off anything that is not relevant to primary care. I aim to demystify the management of common problems and empower the reader to have a more rewarding and fun time at work and a better ability to cope with the ever-increasing demand and challenge of dealing with multiple physical and mental health issues often brought by a single individual to a time-limited consultation' - Mark Morris. This book provides an up-to-date guide to mental health for primary care workers who are not experts in the field. It is logically structured, providing a clear overview of causal factors before presenting individual conditions in a diagnostic hierarchy. Particular attention is given to areas where there has been a deficit in understanding or training, along with problems that are most frequently encountered and managed in primary care. Meanwhile, a Psychological Tools section introduces solid practical frameworks for managing mental health problems developed from cognitive behaviour therapy, solution-focused and motivational interviewing techniques. A selection of resources for patients is also included. It includes foreword by: Andrew Polmear MA MSc FRCP FRCGP; Former General Practitioner and Senior Research Fellow, Academic Unit of Primary Care, The Trafford Centre, University of Sussex, September 2008.

Psychiatric and Mental Health Essentials in Primary Care Lee Ann Hoff 2010-11-05 Psychiatric and Mental Health Essentials in Primary Care addresses key mental health concepts and strategies for time-pressured practitioners in various healthcare settings serving diverse populations. It offers theoretically sound and succinct guidelines for compassionate, efficient, and effective service to people in emotional and physical pain and distress, capturing the essentials of mental health care delivered by primary care providers. The text provides a theoretical overview, discussing mental health assessment, crisis care basics, alternative therapies, and vulnerable groups such as children, adolescents and older people. It includes chapters that focus on the following topics in Primary Care Practice: Suicide and Violence Anxiety Mood disorders Schizophrenia Substance Abuse Chronic illness and mental health. This invaluable text is designed for primary care providers in either graduate student or practice roles across a range of primary care practice, including nurse practitioners and physician assistants.

The Primary Care Toolkit Larry James 2008-10-27 Integrated care is receiving a lot of attention from clinicians, administrators, policy makers, and researchers. Given the current healthcare crises in the United States, where costs, quality, and access to care are of particular concern, many are looking for new and better ways of delivering behavioral health services. Integrating behavioral health into primary care medical settings has been shown to: (1) produce healthier patients; (2) produce medical savings; (3) produce higher patient satisfaction; (4) leverage the primary care physician's time so that they can be more productive; and (5) increase physician satisfaction. For these reasons this is an emerging paradigm with a lot of interest and momentum. For example, the President's New Freedom Commission on Mental Health has recently endorsed redesigning the mental health system so that much of this is integrated into primary care medicine.

Child and Adolescent Behavioral Health Edilma L. Yearwood 2021-03-23 Research has shown that a range of adult psychiatric disorders and mental health problems originate at an early age, yet the psychiatric symptoms of an increasing number of children and adolescents are going unrecognized and untreated—there are simply not enough child psychiatric providers to meet this steadily rising demand. It is vital that advanced practice registered nurses (APRNs) and primary care practitioners take active roles in assessing behavioral health presentations and work collaboratively with families and other healthcare professionals to ensure that all children and adolescents receive appropriate treatment. Child and Adolescent Behavioral Health helps APRNs address the mental health needs of this vulnerable population, providing practical guidance on assessment guidelines, intervention and treatment strategies, indications for consultation, collaboration, referral, and more. Now in its second edition, this comprehensive and timely resource has been fully updated to include DSM-5 criteria and the latest guidance on assessing, diagnosing, and treating the most common behavioral

health issues facing young people. New and expanded chapters cover topics including eating disorders, bullying and victimization, LGBTQ identity issues, and conducting research with high-risk children and adolescents. Edited and written by a team of accomplished child psychiatric and primary care practitioners, this authoritative volume: Provides state-of-the-art knowledge about specific psychiatric and behavioral health issues in multiple care settings Reviews the clinical manifestation and etiology of behavioral disorders, risk and management issues, and implications for practice, research, and education Offers approaches for interviewing children and adolescents, and strategies for integrating physical and psychiatric screening Discusses special topics such as legal and ethical issues, cultural influences, the needs of immigrant children, and child and adolescent mental health policy Features a new companion website containing clinical case studies to apply concepts from the chapters Designed to specifically address the issues faced by APRNs, Child and Adolescent Behavioral Health is essential reading for nurse practitioners and clinical nurse specialists, particularly those working in family, pediatric, community health, psychiatric, and mental health settings. *Second Place in the Child Health Category, 2021 American Journal of Nursing Book of the Year Awards*

Common Mental Health Disorders National Collaborating Centre for Mental Health (Great Britain) 2011 Bringing together treatment and referral advice from existing guidelines, this text aims to improve access to services and recognition of common mental health disorders in adults and provide advice on the principles that need to be adopted to develop appropriate referral and local care pathways.

Psychiatric and Mental Health Essentials in Primary Care Lee Ann Hoff 2010 Psychiatric and Mental Health Essentials in Primary Care addresses key mental health concepts and strategies for time-pressured practitioners in various healthcare settings serving diverse populations. It offers theoretically sound and succinct guidelines for compassionate, efficient, and effective service to people in emotional and physical pain and distress, capturing the essentials of mental health care delivered by primary care providers. The text provides a theoretical overview, discussing mental health assessment, crisis care basics, alternative therapies, and vulnerable groups such as children, adolescents and older people. It includes chapters that focus on the following topics in Primary Care Practice: Suicide and Violence Anxiety Mood disorders Schizophrenia Substance Abuse Chronic illness and mental health. This invaluable text is designed for primary care providers in either graduate student or practice roles across a range of primary care practice, including nurse practitioners and physician assistants. **Integrating Mental Health Into Primary Care** World Health Organization 2008 Presents the justification and advantages of providing mental health services in primary care. Provides advice on how to implement and scale-up primary care for mental health, and describes how a range of health systems have successfully undertaken this transformation. Part 1 provides the context for understanding primary care for mental health within the broader health care system. Part 2 explains how to successfully integrate mental health into primary care and highlights 10 common principles which are central to this effort. It also presents 12 detailed case examples to illustrate how a range of health systems have undertaken this transformation. Annex 1 provides information about the skills and competencies that are required to effectively assess, diagnose, treat, support and refer people with mental disorders.

Psychological Treatment of Medical Patients in Integrated Primary Care Anne C. Dornmeyer 2017-09 This concise guide offers a primer for behavioral health care professionals who are new to integrated primary care systems, with a particular focus on the Primary Care Behavioral Health (PCBH) model of integrated service delivery.

Integrated Behavioral Health in Primary Care Stephanie B. Gold 2018-11-01 This book provides an evidence-based guide for primary care physicians seeking to integrate behavioral health into their practice. This is grounded in the underlying notion that integrating behavioral health and primary care is not an adjustment to practice but a reconstruction of how primary health care is defined and delivered. While some aspects (billing and financing) will be specific to the policy context in the United States, much of the book will contain universal lessons for an approach to integration from a primary care perspective that may be relevant across the globe. This guide is organized to follow a comprehensive approach, derived from lessons learned by early adopters of integration. Dividing the book in this manner creates a unique and natural flow from the "why" of integrating care to a step-by-step approach to achieve integration in a practice. The book includes the case for why integrating behavioral health is important; what integration looks like in practice; and how to transform a practice and grow a team of clinicians to work together to address mental, emotional, and behavioral problems. Each chapter starts with a short preamble to introduce the stage of integration. Each chapter and subchapter would end with a summary box of key messages and a short list of resources (articles, websites, etc) for further information for each topic. Where relevant, chapters additionally include a brief section on application for specific populations (pediatrics, geriatrics, etc). This is an ideal guide for primary care physicians and their medical and administrative teams interested in integrating behavioral health in their practice.

The Behavioral Health Specialist in Primary Care Dr. Mary Ann Burg, PhD, MSW, LCSW 2015-09-10 Patients with chronic conditions often need psychosocial support and brief counseling to help them make the lifestyle and behavioral changes required to prevent disease complications. This innovative text, with contributions from respected clinicians and researchers in all arenas of behavioral health, provides comprehensive training for all health professionals—including those in medicine, nursing, social work, mental health, and clinical and health psychology—who desire targeted evidence-based training in behavioral health skills. Rich case examples drawn from typical patient presentations demonstrate the relationship between physical and psychological health and the complexity of behavioral change in chronic illness. This text is a timely, relevant, and practical resource for all members of the primary care team. It prepares team members to work in the model of patient-centered integrated care in accordance with the recommendations of the Affordable Care Act (ACA) and the National Committee for Quality Assurance (NCQA) medical home standards for identifying patient needs and providing coordinated and comprehensive patient care. The book focuses on knowledge and skills needed for working with the most common chronic conditions such as diabetes, obesity, chronic pain, cardiovascular conditions, sleep disorders, geriatric conditions, cancer-related conditions, and substance abuse. It includes chapters on epidemiological trends in chronic illness and systems medicine. Theories of health behavior and behavioral change and evidence-based interventions provide a foundation for skill development, followed by detailed coverage of the requirements for behavioral management of specific chronic conditions. Sample referrals and consultation notes provide concrete examples of how the behavioral health specialist might respond to a referral. KEY FEATURES: Provides comprehensive graduate-level training for the role of Behavioral Health Specialist Describes the health promotion and counseling skills needed to function as part of an integrated health team Focuses on proficiencies needed for working with common chronic conditions Addresses the psychosocial components of primary care disorders Includes case examples demonstrating the relationship between physical and psychological health and the complexity of behavioral change in chronic illness

Pediatric Mental Health for Primary Care Providers Sarah Y. Vinson 2018-09-28 The purpose of this book is to provide a children's mental health resource tailored to the needs of physicians working with children. There are currently no such texts, despite the fact that there are patient care, healthcare systems, and workforce factors that indicate a strong need for such a resource. Approximately 1 in 5 children are diagnosed with a mental illness by the age of 18. Additionally, mental health conditions, including Attention Deficit Hyperactivity Disorder, are consistently among the most common chronic conditions in pediatric clinical populations. Delays in both diagnosis and treatment increase the morbidity associated with these conditions. These delays expose the child to negative ramifications of his/her illness and can impact rates of poor academic performance, substance use disorders and criminal justice system involvement - potentially impacting long-term life trajectories. Early identification of mental illness and appropriate intervention is critical to the healthy development of youth, though physicians in primary care and pediatrics are seldom trained to detect and treat such illnesses. The importance of recognizing mental illness is reflected in practice guidelines for pediatric primary care providers as well as in how service delivery is being structured, but this does not offer in-depth clinical guidelines. Additionally, integrated care and medical home models include

mental health as key components, though yet again physicians are often not trained to work with these models. While clearly indicated clinically, these requirements do not come with significant increases in reimbursement and are added to an already demanding schedule. Increasingly, providers are also expected to use evidence based screening instruments without exposure to this body of literature. Some guidance on using those instruments in context will help them to use those tools more effectively. Finally, primary care providers and even some adult psychiatrists and psychologists are operating in a healthcare system with a severe, nationwide shortage of child and adolescent psychiatrists and mental healthcare providers. While a text certainly cannot single-handedly compensate for such a workforce shortage, it could potentially help to mitigate the negative impact on patients by facilitating early identification and treatment in the primary care setting. Additionally, with more effective treatment in pediatric settings, less complex cases may be addressed before specialty care is needed, and the expertise of child and adolescent psychiatrists can be more effectively used for more complex cases. Pediatric Psychiatry in Primary Care is the ultimate resource for clinicians working with children, including pediatricians, family physicians, general psychiatrists, psychologists, early career child psychiatrists, social workers, nurses, school counselors, and all clinical professionals who may encounter children struggling with psychiatric disorders.

Preventing Mental Illness Great Britain. Department of Health 1998-08-21 To establish prevention of mental illness and promotion of mental health firmly in primary care many practical issues need to be addressed. Drawing on the extensive experience of outstanding, international authors, this unique volume presents an evaluation of action programs to date. It illustrates the significance of primary care in mental health promotion and the way in which it optimizes the resources of the community to serve best the wide range of mental health problems. No other volume covers the topics prevention of mental health illness and promotion of mental health in such detail, with descriptions of: * Universal strategies * Application in primary care * Guidelines for practice * Education of the primary care team and the community * Early identification-case findings and screening instruments * Specific areas for attention This book addresses a medical area that is experiencing rapid expansion and will, therefore, be of value to all academics and practising health and social care professionals in primary care.

Mental Disorders in Primary Care Andre F. Carvalho 2017 An invaluable guide to psychiatric presentation, diagnosis and treatment in a primary care setting.

Integrated Primary Care Alexander Blount 1998 Integrated primary care, now instituted in many areas of the country, is both the service that integrates medical and mental health primary care and the practice of defining the problem brought by a patient without using "medical" or "mental" as inevitable distinctions. This volume makes the case for this approach, shows how to implement it, and describes some successful programs. It will be attractive to medical managers, plan administrators, physicians, and mental health providers.

Essentials of Global Mental Health Samuel O. Okpaku 2014-02-27 Defines an approach to mental healthcare focused on achieving international equity in coverage, options and outcomes.

Lippincott's Primary Care Psychiatry Robert M. McCarron 2012-03-28 This book helps family practitioners, internists, nurse practitioners, physician assistants, and mental health practitioners understand, diagnose, and effectively treat the most common psychiatric problems seen in the primary care office setting. The introductory chapter addresses the primary care psychiatric interview. Subsequent chapters cover specific disorders and follow a consistent format: Introductory Case; Clinical Highlights; Clinical Significance; Diagnosis; Differential Diagnosis, including "Not to Be Missed" points; Biopsychosocial Treatment, including "When to Refer"; Practice Pointers case studies; ICD-9 codes; and Practical Resources. Appendices include time-saving strategies and medication tables. An anatomical wall chart for the office is also included. A companion Website includes fully searchable text and patient handouts for various psychiatric disorders.

Integrated Behavioral Health in Primary Care Mary R. Talen 2015-06-03 Contributed by experts who've developed integrative healthcare initiatives with strengths in the areas of policy and principles, organizational systems, or clinical practice. These contributors will illustrate the concepts and describe the nuts and bolts of their integration initiatives. In the conclusion of each section, the editors will construct a template to systematically evaluate these essential elements. This template will organize the information to help stakeholders compare and contrast the strengths, resources, limitations and challenges of how each model meets the vision of integrative healthcare. In the concluding section the information in the preceding sections connects to provide a coherent synopsis of the common themes and practices, from the macro to micro levels of care, which foster successful integration of the medical and psychosocial systems.

Behavioral Consultation and Primary Care Patricia J. Robinson 2015-10-20 "In this 2nd edition, Robinson and Reiter give us an updated blueprint for full integration of behavioral health and primary care in practice. They review the compelling rationale, but their real contribution is telling us exactly HOW to think about it

and how to do it. This latest book is a must for anyone interested in population health and the nuts and bolts of full integration through using the Primary Care Behavioral Health Consultation model." Susan H McDaniel Ph.D., 2016 President, American Psychological Association Professor, University of Rochester Medical Center The best-selling guide to integrating behavioral health services into primary care is now updated, expanded and better than ever! Integration is exploding in growth, and it is moving inexorably toward the model outlined here. To keep pace, this revised text is a must for primary care clinicians and administrators. It is also essential reading for graduate classes in a variety of disciplines, including social work, psychology, and medicine. This updated edition includes: · A refined presentation of the Primary Care Behavioral Health (PCBH) model · The latest terms, trends and innovations in primary care · Comprehensive strategies and resource lists for hiring and training new Behavioral Health Consultants (BHC) · Step-by-step guidance for implementing the PCBH model · A plethora of evolved practice tools, including new Core Competency Tools for BHCs and primary care providers · Sample interventions for behaviorally influenced problems · The use of "Third Wave" behavior therapies in primary care · Detailed program evaluation instructions and tools · The latest on financing integrated care · An entire chapter on understanding and addressing the prescription drug abuse epidemic · Experienced guidance on ethical issues in the PCBH model · Improved patient education handouts With all of the changes in health care, the potential for the Primary Care Behavioral Health (PCBH) model to improve primary care—and the health of the population—is greater than ever. This book should be the first read for anyone interested in realizing the potential of integration.

Companion to Primary Care Mental Health Gabriel Ivbijaro 2012-01-01 Companion to Primary Care Mental Health is the result of a major collaboration of an international group of general practitioners, psychiatrists, policy-makers, mental health professionals and mental health advocates. This extraordinary guide provides the best available evidence for the management of patients with mental health conditions in primary care. It draws on the wisdom of a range of experts from primary and secondary care, who have translated information from the literature and their own clinical experience to apply it across the globe to everyday family practice. With the emphasis on practical application it presents family doctors and their teams with the evidence-based knowledge necessary to support the development of fully integrated systems to promote good mental health using tables and figures to illustrate complex matters. This includes the need to harness the wider determinants of health and mental health and to tackle stigma through advocacy, spirituality and ethical practice. The role of public health and the management of the many interfaces associated with providing good mental health are also covered. It includes tools for assessment, including classification and risk assessment, and the general principles required to enable a biopsychosocial approach to care. The book also considers the individual mental health conditions that family doctors and their teams are likely to encounter. As comorbidity and the management of complexity are very common in primary care mental health, these are also explored in the final chapters of the book.

ADHD Complex Harlan Gephart 2018-09-28 ADHD Complex: Practicing Mental Health in Primary Care, written by Dr. Harlan Gephart, provides a comprehensive review of key subjects of importance for primary care and family practitioners to help them better assess, diagnose, treat, and manage patient populations with ADHD. Dr. Gephart, Emeritus Clinical Professor of Pediatrics at University of Washington, has used his many years of experience and practice with this patient population to put together this helpful guide. Rating scales, questionnaires, and behavior checklists Identifying, screening, diagnosing, and treating learning problems in children and adolescents General principles of multi-modality treatments ADHD with coexistent psychiatric and behavioral disorders Resources for clinicians, parents, and patients

Primary Care Institute of Medicine 1996-09-05 Ask for a definition of primary care, and you are likely to hear as many answers as there are health care professionals in your survey. Primary Care fills this gap with a detailed definition already adopted by professional organizations and praised at recent conferences. This volume makes recommendations for improving primary care, building its organization, financing, infrastructure, and knowledge base--as well as developing a way of thinking and acting for primary care clinicians. Are there enough primary care doctors? Are they merely gatekeepers? Is the traditional relationship between patient and doctor outmoded? The committee draws conclusions about these and other controversies in a comprehensive and up-to-date discussion that covers The scope of primary care. Its philosophical underpinnings. Its value to the patient and the community. Its impact on cost, access, and quality. This volume discusses the needs of special populations, the role of the capitation method of payment, and more. Recommendations are offered for achieving a more multidisciplinary education for primary care clinicians. Research priorities are identified. Primary Care provides a forward-thinking view of primary care as it should be practiced in the new integrated health care delivery systems--important to health care clinicians and those who train and employ them, policymakers at all levels, health care managers, payers, and interested individuals.